

**September 4-5, 2016
(Sun–Mon)
Hong Kong**



Trauma Informed Approach to Sensory Processing Disorder and Arousal Regulation

Developed and Presented by
Sheila M. Frick, OTR/L

Course Summary

Therapists and other professionals who work with individuals with sensory and developmental disorders (e.g. autism spectrum, attention deficit, learning disabilities) often encounter clients with difficulties related to developmental trauma. Traumatic events may be overt, such as early loss of a primary caregiver; sexual, physical or emotional abuse; or domestic, community and school violence. Trauma may also be innocent, such as early hospitalization and necessary lifesaving medical procedures in the neonatal intensive care unit. Exposure to adverse life experiences has been shown to increase the likelihood of social, emotional and developmental delays; furthermore, children with developmental delays have a much higher chance of experiencing physical, emotional and sexual abuse.

There is a growing understanding and accompanying clinical practice that addresses the connection between sensory processing dysfunction and trauma. When an individual cannot adequately process sensory information or traumatic experiences, the body's natural defense mechanisms become heightened, further impacting the sensory processing disorder.

This two-day, hands-on course will explore, from a trauma informed perspective, the connections between sensory processing and sensory integrative difficulties. We will also provide a brief introduction to the tension reducing technique known as TRE®, as a means of demonstrating how the body retains stress in core muscular tension patterns. This course will investigate the hard wired action systems that underlie sensory modulation, arousal, affect regulation, and play. A clinical reasoning model for tracking dynamic shifts in state and levels of integration will be presented. Interactive, hands-on labs, video and case presentations will bring key concepts and treatment strategies to life in this theoretically based, yet practical workshop.

Program By:



VITAL LINKS CONTINUING EDUCATION

Organizer:



WISDOM BRIDGE CHILD DEVELOPMENT LIMITED

Course Objectives

- Recognize when patterns of defense are interfering with function and daily life.
- Employ three body based strategies to decrease tension patterns and regulate arousal.
- Design three play based strategies that support regulation, arousal, affect, and social engagement

Venue

Classroom 1 – 3, G/F, InnoCentre, 72 Tat Chee Avenue, Kowloon Tong

Course Schedule

	Day 1	Day 2
9:15 – 1:00	<ul style="list-style-type: none"> ● Sensory Processing & Developmental Trauma ● Attachment, Attunement and Sensory Processing 	<ul style="list-style-type: none"> ● Developmental Movement Patterns & Regulation ● Integration of Core Defensive Patterns
1:00 – 2:00	Lunch	Lunch
2:00 - 5:30	<ul style="list-style-type: none"> ● Neurodevelopmental Roots of Defense ● Introduction to TRE® and Lab 	<ul style="list-style-type: none"> ● The Neurology of Primary Play ● Primary Play into Practice: Play Labs

** Tentative Schedule Only

Certificate

Certificate will be issued to participant with full attendance.

The Instructor

Sheila M. Frick, OTR/L, is an internationally esteemed clinician, lecturer, and pioneer in Occupational Therapy. She has over 20 years of clinical experience, having worked in psychiatry, rehabilitation, and home health before specializing in pediatrics. Her expertise includes sensory processing dysfunction, sensory integration, and auditory interventions. She created and continues to expand Therapeutic Listening, which she has taught to over 10,000 therapists worldwide. She also lectures on such topics as clinical neurology, respiration, the vestibular/auditory system, and various auditory interventions. She is the creator and author of Listening With the Whole Body, and co-author of Core Concepts in Action, Astronaut Training, and Out of the Mouths of Babies.

Organizer:

WISDOM BRIDGE CHILD DEVELOPMENT LIMITED
 5/F, Shun Wah Bldg., 735 Nathan Road, Mongkok, Kowloon.
 Tel: 2396 2311 | Fax: 2124 4519 | Email: info@wisdombridge.com.hk

Enrollment Form

“Trauma Informed Approach to Sensory Processing Disorder and Arousal Regulation” - Sheila M. Frick

Classroom 1-3, G/F, InnoCentre, 72 Tat Chee Avenue, Kowloon Tong

September 4-5, 2016 (Sun – Mon), 9:15am-5:30pm

Early Bird Offer: HK\$3,800/person (enrollment by July 29, 2016)

Standard Offer: HK\$4,180 per person

Enrollment Deadline: August 10, 2016

(HKOTA MEMBERS ENJOY PRIORITY OF REGISTRATION)

Name: Mr/Ms _____ Profession: _____

HKOTA Member: ☐ Yes ☐ No HKOTA Membership no: _____

Email: _____ Contact Tel. _____

Organization Name: _____

Address: _____

Course Fee : ☐ Early Bird: HK\$3,800 ☐ Standard: HK\$4,180

Name to be printed on Certificate: ☐ Same as above ☐ _____

Payment Instruction

1. Fill out and sign this enrollment form. Post the form together with crossed bank cheque, made payable to **WISDOM BRIDGE CHILD DEVELOPMENT LTD, to 5/F Shun Wah Bldg., 735 Nathan Road, Mongkok, Kowloon.**
2. SWIFT Address: HSBCHKHKKH (for telegraphic transfers)

Remarks: 1. Enrollment confirmation will be emailed within 2 weeks upon clearing of payment.
2. All payments are non-refundable unless enrollment is unsuccessful or the event is cancelled by organizer.
3. Event is subject to postponement when the typhoon signal no. 8 or rainstorm warning is hoisted.

Receipt Arrangement

If participant requires an official receipt of payment for this event. Please check the following box and fill the recipient name IN PRINT. The receipt will be passed to you on the first day of the event.

☐ Please make the receipt to: _____

Data Privacy

All collected personal data are for the Organizer's and the Speaker's use only. We shall not disclose the data to any other third party. If participant disagrees to disclose the above personal information to the Speaker, please check the follow box:

☐ I disagree to disclose my personal information to the Speaker.

Participant signature: _____ Date: _____

Organizer:

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