**Sheila M. Frick**, one of the most renowned world-class trainers in Occupational Therapy, will share her skills in using the enriched Quickshifts album. It is a highly practical workshop that helps you assess whole brain processing and create programs that quickly shift kids into an optimal state of arousal.



# **Revolutionizing the Use of Sound in Sensorimotor Integrative Treatment**

# February 16, 2019 (Sat) Hong Kong

### **Course Summary**

Whether being used in the clinic, school, home, or community setting, Quickshifts have shown to support immediate and lasting changes in a variety of occupational performance areas such as: self-regulation, sensory modulation, anxiety, postural activation, motor coordination, social interaction, and executive functioning. Preliminary research on the impact of Quickshifts albums, conducted at a prestigious university, has shown improvements in postural activation and bilateral motor coordination. These initial investigations only further supporting the results seen first-hand in the clinic. Audio samples, case presentations, and video examples will be provided so that participants gain firsthand experience with these sound tools.

This workshop will explore the therapeutic application of Quickshifts and how these sound tools can be used to quickly shift states of alertness and set up the nervous system for optimal success.



Program By: Vital Links continuing education for innovative practice VITAL LINKS CONTINUING EDUCATION Organizer:



WISDOM BRIDGE CHILD DEVELOPMENT LTD

Participants will learn about Quickshifts' theoretical underpinnings such as binaural beat technology, musical entrainment, the encoded movement patterns found in music, and how accessing whole-brain processing further promotes basic and higher-level functions and processes.

Upon completion of the workshop, participants will be able to implement the use of Quickshifts into their practice settings and will understand how to select the best musical match between album and client to optimize therapy goals and outcomes.

#### Venue

Venue in Tsim Sha Tsui (Venue detail to be provided)

### Certificate

Certificate will be issued to participant with full attendance.

### The Speaker

Sheila Frick, OTR/L is an internationally esteemed clinician, lecturer, and pioneer in Occupational Therapy. She has well over 30 years of clinical experience, having worked in psychiatry, rehabilitation, and home health before specializing in pediatrics. Her expertise includes sensory processing dysfunction, sensory integration, and auditory interventions.

Sheila created and continues to expand Therapeutic



Listening®, which has been taught to over 14,000 therapists worldwide. She also lectures on topics such as clinical neurology, respiration, the vestibular/auditory system, and various auditory interventions. Sheila is the author of Listening with the Whole Body: Clinical Concepts and Treatment Guidelines for Therapeutic Listening, and co-author of Core Concepts in Action; Astronaut Training: A Sound Activated Vestibular-Visual Protocol; and Out of the Mouths of Babes. Recently, Sheila served as a contributing author for her section on Therapeutic Listening in the upcoming 3rd edition of Sensory Integration: Theory and Practice.

# **Enrollment** Form

# "Quickshifts: Revolutionizing the Use of Sound in Sensorimotor Integrative Treatment" by Sheila M. Frick

(Venue in Tsim Sha Tsui. Details to be provided)

# February 16, 2019 (Sat) 9:00am-5:00pm

# Early Bird Offer: HK\$1,950/person (by Jan 14, 2019)

Standard Offer: HK\$2,250 per person

Enrollment Deadline: January 28, 2019

# (HKOTA MEMBERS HAVE PRIORITY OF REGISTRATION)

Name: Mr/Ms	Title:
HKOTA Member: 🗆 No 🛛 Yes 🛛 HKOTA Membership no:	
Email:	Contact Tel
Organization Name:	
Address:	
Course Fee = $\Box$ Early Bird: HK\$1,950 / $\Box$ Standard: HK\$2,250	

Name to be printed on Certificate:  $\Box$  Same as above  $\Box$ 

#### **Payment Instruction**

1. Fill out and sign this enrollment form. Post the form together with crossed bank cheque, made payable to WISDOM BRIDGE CHILD DEVELOPMENT LTD, to 5/F Shun Wah Bldg., 735 Nathan Road, Mongkok, Kowloon.

2. SWIFT Address: HSBCHKHHHKH (for telegraphic transfers)

Remarks: 1. Enrollment confirmation will be emailed to you in early January 2019.

2. All payments are non-refundable unless enrollment is unsuccessful or the event is cancelled by organizer.

3. Event is subject to postponement when the typhoon signal no. 8 or rainstorm warning is hoisted.

#### **Receipt Arrangement**

If participant requires an official receipt of payment for this event. Please check the following box and fill the recipient name IN PRINT. The receipt will be passed to you during the event.

□ Yes, please make the receipt to:

#### **Data Privacy**

All collected personal data are for the Organizer's and the Speaker's use only. We shall not disclose the data to any other third party. If participant disagrees to disclose the above personal information to the Speaker, please check the follow box:

□ I disagree to disclose my personal information to the Speaker.

Participant signature: \_\_\_\_\_ Date: \_\_\_\_\_

Organizer: WISDOM BRIDGE CHILD DEVELOPMENT LIMITED 5/F, Shun Wah Bldg., 735 Nathan Road, Mongkok, Kowloon. Tel: 2396 2311 | Fax: 2124 4519 | Email: info@wisdombridge.com.hk